

Apollo Recovery Clinic saves an octogenarian Covid survivor with severe heart disease!

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83-year-old operated upon

An 83-year-old man who recovered from COVID, and developed post-COVID complications, was operated upon by a team of cardiologists at Apollo Hospitals. The doctors performed cardiac procedure- 'Trans Aortic Valve Replacement' on the patient from West Godavari, Andhra Pradesh.

The patient suffered from hypertension, Mild Coronary Artery Disease, Chronic Obstructive Pulmonary Disease (COPD), severe Degenerative Aortic Valve Disease, severe Aortic Stenosis and Mild Aortic Regurgitation.

The surgery was performed on November 29, and the patient was discharged.

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రోగి మోహన్‌రావుతో వైద్య బృందం

వృద్ధుడి ప్రాణం నిలిపారు

ఫిలింనగర్ స్టూనటుడే: ఆరోజుకే రెస్పూరిటేషన్ తేలికగా దెబ్బతినడం వంటి పలు ఆనారోగ్య సమస్యలతో బాధపడుతున్న ఓ వృద్ధుడికి ట్రాన్స్ ఆరో డిక్ వాల్స్ రీఫ్లెక్సమెంట్ (టీఎవీఆర్)ను జూబ్లీహిల్స్ ఆపోలో ఆసుపత్రి వైద్యులు విజయవంతంగా నిర్వహించి ప్రాణాన్ని కాపాడారు. పశ్చిమగోదావరి జిల్లాకు చెందిన మోహన్‌రావు(83)కు అదిక రక్తపోటు, తేలికపాటి కరోనరీ ఆర్టరీ వ్యాధి, డిల్లకాలిక సల్బనరీ ఆబ్స్ట్రక్టివ్ వ్యాధి (సీటపీడి), బృహద్దమని రక్త నాళం తీవ్రంగా ముడుచుకుపోయిన పరిస్థితి ఏర్పడింది. ఇటీవల కాలంలోనే ఇతను కొవిడ్-19కు గురికావడంతో అది ఆయన ఊపిరితిత్తులపై ప్రైలోసోస్‌కు దారితీసింది. దాని ఫలితంగా రోగి ఊపిరి పీల్చుకోవడంలో తీవ్ర ఇబ్బందిని ఎదుర్కొన్నారు. ఆరోగ్య పరిస్థితి విషమించడంతో రోగి కుటుంబ సభ్యులు జూబ్లీహిల్స్ ఆపోలో ఆసుపత్రిలో చికిత్స కోసం గత నెల 25న చేరారు. కొవిడ్ నెగెటివ్ వచ్చాక ఆయనకు టీఎవీఆర్ చేయడం కోసం సిటీ యాంజియోప్లా స్టీని నిర్వహించారు. ప్రాణాపాయ స్థితిలో ఉన్న రోగికి ఆసుపత్రి కార్డియాలజీ, క్రినికల్ రీసెర్చ్ విభాగం డైరెక్టర్ డా.ఎ.శ్రీనివాసుకుమార్ అధ్వర్యంలోని కార్డి యాలజీస్టుల వైద్య బృందం టీఎవీఆర్‌ను విజయవంతంగా నిర్వహించి ప్రాణాన్ని కాపాడారు.

ONLINE COVERAGES

EXCLUSIVE NEWS

Apollo Recovery Clinic saves an octogenarian Covid survivor with severe heart disease!

Hyderabad, December 2020. The team of Cardiologists at **Apollo Hospitals**, led by **Dr. A. Sreenivas Kumar**, Director, Cardiology & Clinical Research; performed a critical cardiac procedure – ‘**Trans Aortic Valve Replacement**’ (TAVR) on an 83 year old COVID survivor male patient from West Godavari District, suffering with Hypertension, Mild Coronary Artery Disease, COPD, severe Degenerative Aortic Valve Disease, severe Aortic Stenosis and Mild Aortic Regurgitation. Despite recovering from Covid he developed lung fibrosis, leading to worsening of breathlessness, palpitations and extreme fatigue. He was rushed to the Hospital considering his deteriorating condition due to pre-existing severe Aortic valve disease coupled with the post Covid difficulties.

Patient was evaluated with HR CT Chest for Covid manifestations, stabilised and once Covid PCR became negative he was evaluated by CT Angio with TAVR Protocol. A detailed clinical and Echocardiogram evaluation that followed strongly indicated TAVR as the treatment option. His Coronary Angiogram revealed mild CAD which can be managed medically. After explaining the pros and cons regarding TAVR, patient was admitted on 25th November and TAVR procedure was done successfully. The post procedure hemodynamic revealed no gradient across Aortic valve and echo done showed good valve position with no AR. His Femoral puncture site was closed with Perclose – proglide systems, patient was ambulatory by night and was discharged the next day morning. This is the first patient in the twin Telugu states to undergo this procedure post COVID recovery, even in the Country no data was available on this being performed earlier.

*This performing of a TAVR procedure on an octogenarian Covid recovered patient is a milestone. It sends a strong message to patients with pre-existing cardiac disease and recovered from Covid, that there is no need to postpone seeking medical care for critical ailments. The expertise and facilities available at Apollo Hospitals, can help patients recover from serious ailments and lead a normal and active life, says **Dr. A. Sreenivas Kumar**.*

COVID survivors are developing myriad health problems, it could be simple ailments like fatigue, body aches, joint pains, lack of concentration to more severe and long-term health complications with one or other body organs being compromised. The problems could be lung fibrosis, severe lung scarring with lung losing its elasticity and ability to pump oxygen needing lung transplantation, Ischemic Heart Disease, strokes due to clot in the brain, kidney complications and more, as studies unravel newer insights about the disease. Most such patients were devoid of any of these health issues prior to COVID and some of them have already developed irreversible conditions, impacting them for lifetime. This phenomenon is across the age and gender groups and this patient too became a victim of post-Covid health complications.

<https://exclusivenews.co.in/apollo-recovery-clinic-saves-an-octogenarian-covid-survivor-with-severe-heart-disease/>