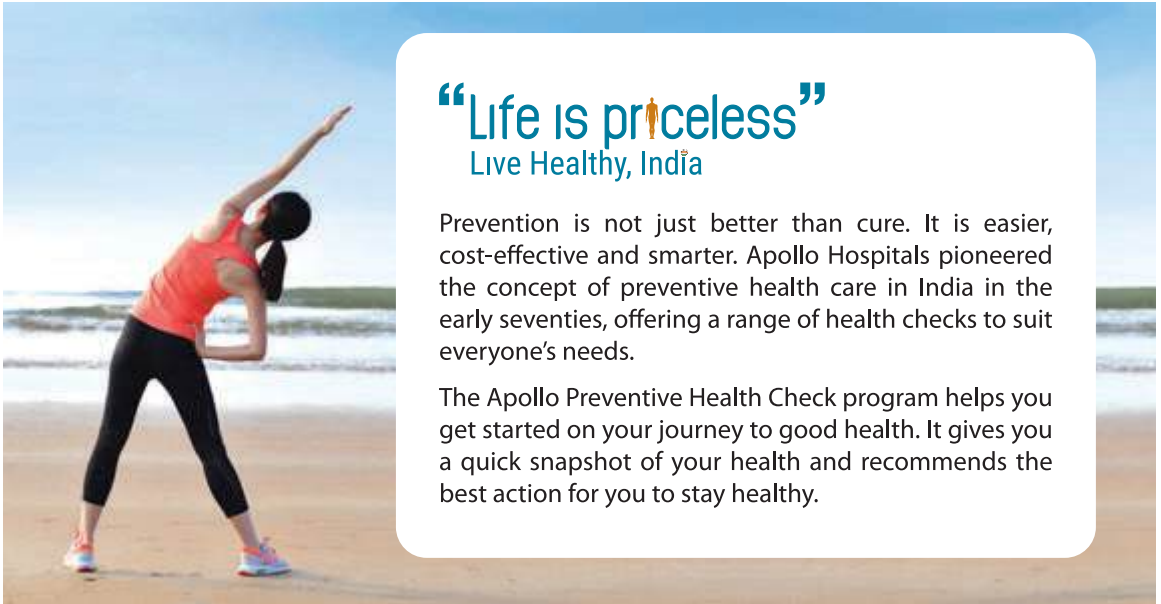


Stay in the prime of health with Apollo Health Check





“Life is priceless”
Live Healthy, India

Prevention is not just better than cure. It is easier, cost-effective and smarter. Apollo Hospitals pioneered the concept of preventive health care in India in the early seventies, offering a range of health checks to suit everyone’s needs.

The Apollo Preventive Health Check program helps you get started on your journey to good health. It gives you a quick snapshot of your health and recommends the best action for you to stay healthy.

**PLEASE READ THE FOLLOWING
INSTRUCTIONS CAREFULLY BEFORE
YOUR HEALTH CHECK**



- Apollo Health Check begins at 8.00 am. Kindly take prior appointments on 91-11-7179 1090/1091
- Please report at the Apollo Health Check (AHC) Centre at **Gate No. 2, First Floor "A" Wing** at the appointed time.
- Kindly bring your morning **samples of urine and stool (if part of your package), in clean dry containers.** (Containers can be collected a day in advance from the Apollo Health Check Department or from any nearby chemist).

As you prepare for your upcoming health check, here are some important instructions from us to ensure that all tests are completed in a timely manner:

1. Meal Advice

- Overnight fasting is not mandatory for regular health checks. Eat a light meal 2 to 3 hours before coming, but avoid a heavy and high-fat meal.
- If you are a diabetic doing the fasting and postprandial tests or have been recommended overnight fasting, then please ensure 10-12 hours of fasting. You may drink water if thirsty, however, drink no other beverages.
- Refrain from drinking alcohol for at least 24 hours prior to your health check.

2. Medication: Continue taking any regular medication. Bring them with you, along with the prescription. It is important for your doctor to understand the medication you are taking.

3. Attire: Wear comfortable clothes and footwear. If a treadmill test is included in your package, please bring your walking shoes. Avoid wearing any jewellery or carrying any valuable items with you.

4. Medical History: Carry any previous medical records with you. This helps the doctor review your trends and accordingly determine their recommendations.

5. Special Conditions: Inform the reception of any history of diabetes, heart problems, or if you are feeling ill or unwell.

6. Exclusions for Certain Tests

- Radiation-related tests like X-ray and mammogram will not be performed on pregnant women or those suspecting pregnancy.
- For pap smear and urine tests, please ensure that your health check is scheduled at least 7 days before or after menstruation.
- Women must avoid vaginal creams or foams 24 hours before the health check.
- **If you are a smoker, please do not smoke** on the day of your health check.
- For Apollo Child Health Check, children need not be on empty stomach. Sample of stool and urine are to be brought in dry, clean containers.
- If desired, you may bring one attendant with you; the attendant should not be a child below 12 years of age.
- If pregnant / suspecting pregnancy please carry your gynaecologist's prescription for ultrasound with sign and stamp.
- **On Day One**, you will undergo all investigations and consultation with the physician; **your review** with the physician along with all reports and summary will be fixed for **Day Two**.
- 30% discount is applicable on select additional tests, if prescribed by AHC Physician | Surgeon | Gynaecologist on Day 1/Day of Review.
- All prices are subject to change without prior notice
- * The rates mentioned are not applicable for international patients / guests.
- Please carry a copy of your appointment or payment confirmation message for verification, and your ID proof.

Ultrasound (USG) abdomen will be performed 4 hours after a non-fatty meal.

Here are suggestions for a non-fatty meal:

- 2 egg white omelets (no oil/ghee/butter) with 1 slice of whole grain bread
- 1 whole grain phulka/roti with vegetables (onion, tomato, cucumber, capsicum, spinach)
- 1 medium-sized cup of overnight oats
- 2 idlis or 1 dosa (without oil/ghee/butter) with vegetable chutney (no coconut)
- 1 bowl of vegetable soup with 1 slice of whole grain bread
- 1 medium-sized bowl of fruits (guava, orange, watermelon)
- 1 cup of black tea or black coffee (no milk, no sugar)

Here is what you should AVOID eating:

- Processed snacks/fried food/white bread/high-fat meats/bakery goods/creamy sauces, instant oats, coconut
- Poori, paratha, vada
- Whole milk and milk products such as flavoured yogurt, cream, milk powder, paneer, cheese
- High-sugar fruits (banana, mango, jackfruit, papaya, grapes, custard apple, avocado) and fruit juices
- Starchy vegetables (beetroot, carrot, potato, sweet potato)
- All sugar (refined white sugar, palm sugar, jaggery)
- Rajma, channa dal, kabuli channa, toor dal, nuts/seeds
- Whole eggs or egg yolks
- All oils/ghee/butter

For more examples of what to eat and what to avoid, please click: [Light, non-overnight fasting breakfast options](#) or scan the QR code



Please note: Home sample collection is available up to 3 pm at select locations. Call our toll-free number **1800-570-1033** to enquire. You can also collect urine and stool sample containers from your nearest Apollo Hospital and bring the samples with you when you come for your health check.

Kindly adhere to these instructions for a comfortable experience.

Thank you for being ProHealth!

APOLLO PRO HEALTH EXECUTIVE HEALTH PROGRAM



Price: ₹ 9,200*

- Creatinine- Serum/Plasma
- Glucose- Serum/Plasma (Fasting)
- Glucosylated Hemoglobin (HbA1c) –Whole Blood
- Hs Tnl- High Sensitive Troponin-I-Serum
- Lipid Profile Test (Package)
- Liver Function Test
- TSH: Thyroid Stimulating Hormone- Serum
- Urea- Serum/Plasma
- Uric Acid- Serum
- Blood Grouping and Typing (ABO and Rh)
- ECG
- TMT (Tread Mill Stress Test)
- Physical Examination/Consultation by Internal Medicine Specialist
- Consultation-Surgical
- Complete Haemogram (CBS/PS/RBC Indices)
- Stool Routine and Microscopy
- Urine Routine and Microscopy
- Spirometry (Basic PFT Test)
- Ultrasound Screening Whole Abdomen
- X-Ray Chest PA

VALUE ADD :-

- AI (Artificial Intelligence) Powered Health Risk Assessment (PHRA)
- Health Mentor Services
- Lifestyle Assessment & Counselling Including Diet and Exercise
- Yoga & Meditation
- Physiotherapy Consultation (if Clinically Indicated)
- Home Delivery of Medicines
- Personalized Health Report
- Health App for Real Time Communication & Seamless Care

APOLLO PRO HEALTH SUPER



Price: ₹ 7,400*

- Complete Haemogram
- Fasting Blood Sugar
- Glycosylated Haemoglobin (HbA1C)
- Kidney Function Test (Blood Urea, S.Creatinine, S.Uric Acid)
- Lipid Profile (Cholesterol, Triglycerides, VLDL, HDL, LDL, Total Cholesterol/HDL Ratio)
- Liver Function Test (Protein total, Albumin, Globulin, SGOT, SGTP, GGTP, Alkaline Phosphatase, Bilirubin)
- Urine Routine and Microscopy
- Stool Routine and Microscopy
- TSH
- Serum Troponin
- ECG(Resting)
- X-Ray Chest(PA view)
- Ultrasound Whole Abdomen (Screening only)
- Surgical consult for Men
- Gynaecology Consult and Review for Women (Pap Smear and Breast Examination)
- Consult & Review with Physician

VALUE ADD :-

- AI (Artificial Intelligence) Powered Health Risk Assessment (PHRA)
- Health Mentor Services
- Lifestyle Assessment & Counselling Including Diet and Exercise
- Yoga & Meditation
- Physiotherapy Consultation (if Clinically Indicated)
- Home Delivery of Medicines
- Personalized Health Report
- Health App for Real Time Communication & Seamless Care

APOLLO PRO HEALTH REGAL WHOLE BODY PROGRAM



Price: ₹ 15,000*

- Complete Haemogram
- Fasting Blood Sugar
- Glycosylated Haemoglobin (HbA1c)
- Lipid profile (Cholesterol, Triglycerides, VLDL, HDL, LDL, Total Cholesterol/HDL Ratio) , Non HDL, Apolipoprotein - A1&B.
- Kidney Function Test (Blood Urea, S. Creatinine, S. Uric Acid)
- Liver Function Test (Protein total , albumin, globulin, SGOT, SGTP, GGTP, Alkaline phosphatase , Bilirubin , Albumin Globulin Ratio)
- Electrolytes (Sodium, Potassium, Chloride)
- HbsAg
- S. Calcium
- Phosphorus
- Thyroid Stimulating Hormone (TSH)
- Prostate Specific Antigen (PSA) for men
- Vitamin D3
- Vitamin B12
- Urine Routine & Microscopy
- Stool Routine & Microscopy
- ECG (Resting)
- X-Ray chest (PA)
- Ultrasound Whole Abdomen (Screening Only)

- Pulmonary Function Test (PFT/ Spirometry)
- Echo Cardiogram
- Cardiac Stress Analysis (TMT)
- Mammogram & Ultrasound Breast for Women (Screening only)
- Eye, ENT & Dental Consult.
- Surgical Consult for Men
- Gynaecology Consult & Review for Women (Pap Smear & Breast Examination)
Consult & Review with Physician.
- Cardiology Consultation
- Diet & Lifestyle Counselling.

VALUE ADD :-

- AI (Artificial Intelligence) Powered Health Risk Assessment (PHRA)
- Health Mentor Services
- Lifestyle Assessment & Counselling Including Diet and Exercise
- Yoga & Meditation
- FSB - Flexibility Strength Balance Assessment
- Home Delivery of Medicines
- Personalized Health Report
- Health App for Real Time Communication & Seamless Care

**Apollo Pro Health Regal Whole Body Program
without Eye, ENT & Dental**

13,000/-

APOLLO PROHEALTH HEART PROGRAM



Price: ₹ 7,900*

Recommended for individuals above 30 yrs of age or those with vague / unexplained / unconfirmed cardiac symptoms / risk factors

- Complete Haemogram
- Glycosylated Haemoglobin (HbA1c)
- Glucose - Plasma Random
- Lipid Profile (Cholesterol, Triglycerides, VLDL, HDL, LDL, Total Cholesterol/HDL Ratio)
- S. Creatinine
- Sodium, Potassium
- Urine Routine and Microscopy
- Serum Troponin
- TSH
- CRP-Reactive Protein
- ECG (Resting)
- X-Ray Chest (PA)
- Echo Cardiogram
- Cardiac Stress Analysis (TMT)
- Consult & Review with Physician
- Cardiac Consult
- Diet & Lifestyle Counselling

APOLLO PROHEALTH ADVANCED WHOLE BODY PROGRAM



Price: ₹ 23,100*

- Complete Haemogram
- Blood Sugar (Fasting & PP)
- Glycosylated Haemoglobin (HbA1c)
- Lipid Profile (Cholesterol, Triglycerides, VLDL, HDL, LDL, Total Cholesterol/HDL Ratio)
- Kidney Function Test (Serum Creatinine, Urea and Uric Acid)
- Liver Function Test (Protein total, Albumin, Globulin, SGOT, SGTP, GGTP, Alkaline Phosphatase, Bilirubin)
- Vitamin D3, Vitamin B12
- Thyroid Profile (T3, T4, TSH)
- Electrolytes (Sodium, Potassium and Chloride)
- S.Magnesium
- Serum Troponin
- Prostate Specific Antigen (PSA) for Men
- S.Calcium
- S.Phosphorus
- CEA
- HbsAg
- Anti HCV
- ECG (Resting)
- Echo Cardiogram
- Cardiac Stress Analysis (TMT)
- X-Ray (PA)
- Ultrasound Whole Abdomen (Screening Only)
- Mammogram and Ultrasound Breast for women (Screening Only)
- Urine Routine and Microscopy
- Stool Routine and Microscopy

- Stool Occult Blood
- Microalbumin (MAU) (Spot Urine)
- Pulmonary Function Test (PFT/Spirometry)
- Consult & Review with Physician
- ENT & Dental Consult
- Eye Consult with Fundus Examination
- Surgical Consult for Men
- Cardiac Consult
- Gynaecology Consult and Review for Women (Pap Smear and Breast Examination)
- Physiotherapy Consult
- Diet & Lifestyle Counselling (Diabetics Education Session for Diabetics)

With Stress Echo Price: ₹ 24,200*

APOLLO CHILD HEALTH CHECK



Price: ₹ 2,800*

Health Screening for Children 4-16 years

The Apollo Child Health Check helps detect early symptoms of disease, nutritional and developmental status in your child, so he/she can grow into a healthy and balanced individual (No Child Check Package on Thursday due to Mantoux)

- Blood Grouping & Rh Typing
- Mantoux Test
- Complete Haemogram
- Stool Examination
- Complete Urine Analysis
- Hearing Test (Pure Tone Audiometry-PTA)
- Eye Examination
- Dental Examination
- Paediatrician Consult

APOLLO BASIC WELL WOMEN CHECK



Price: ₹ 3,500*

Comprehensive evaluation is recommended for women above 40 yrs of age / for post-menopausal women / who have a strong family history of cancer

- Complete Haemogram
- Fasting Blood Sugar
- Glycosylated Haemoglobin (HbA1c)
- Urine Routine and Microscopy
- Stool Routine and Microscopy
- X-Ray Chest (PA)
- Ultrasound Pelvis (Including TVS)
- Mammogram and Ultrasound Breast (Screening Only)
- Gynaecologist Consult & Review (Pap Smear and Breast Examination)
- TSH
- Serum Troponin

APOLLO REGULAR WELL WOMEN CHECK



Price: ₹ 8,700*

- Complete Haemogram
- Fasting Blood Sugar
- Glycosylated Haemoglobin (HbA1c)
- S.Calcium
- Lipid Profile (Cholesterol, Triglycerides, VLDL, HDL, LDL, Total Cholesterol/HDL Ratio)

- Thyroid Stimulating Hormone (TSH)
- Vitamin D3
- ECG (Resting)
- X-Ray Chest (PA)
- Mammogram and Ultrasound Breast (Screening Only)
- Ultrasound Pelvis (Including TVS)
- Stool Routine and Microscopy
- Urine Routine and Microscopy
- Serum Troponin
- Gynaecology Consult and Review for Women (Pap Smear and Breast Examination)

APOLLO PROHEALTH COMPREHENSIVE WELL WOMEN HEALTH PROGRAM



Price: ₹ 13,500*

Comprehensive evaluation is recommended for women above 40 yrs of age / for post-menopausal women / who have a strong family history of cancer

- Complete Haemogram
- Fasting Blood Sugar
- Glucose PP
- Glycosylated Haemoglobin (HbA1c)
- Kidney Function Test (Blood Urea, S. Creatinine and Uric Acid)
- Lipid Profile (Cholesterol, Triglycerides, VLDL, HDL, LDL, Total Cholesterol/HDL Ratio)
- Liver Function Test (Protein total, Albumin, Globulin, SGOT, SGTP, GGTP, Alkaline Phosphatase, Bilirubin)
- Serum Troponin
- Thyroid Stimulating Hormone (TSH)
- Vitamin D3
- Urine Routine and Microscopy

- Stool Routine and Microscopy
- ECG (Resting)
- X-Ray Chest (PA)
- Ultrasound- Whole Abdomen
- DEXA Scan (Lumbar Spine and Hip)
- Bilateral Mammogram and Ultrasound Breast (Screening Only)
- Gynaecology Consult and Review for Women (Pap Smear and Breast Examination)
- Consult and Review with Physician

APOLLO KNEE CHECK



APOLLO KNEE CHECK BASIC Price: ₹ 3,600*

- CBC
- Glucose (Random)
- Uric Acid Serum
- Urine Routine & Microscopy
- CRP-C - Reactive Protein
- X-Ray Both knees-AP, Lat, Skyline
- Orthopaedic Consult
- Physiotherapy Counselling

APOLLO KNEE CHECK ADVANCE (SINGLE KNEE) Price: ₹ 13,100*

- All tests in Apollo Knee Check - Basic +
- MRI of Single joint

APOLLO KNEE CHECK- ADVANCE (BOTH KNEES) Price: ₹ 21,200*

- All Tests in Apollo Knee Check - Basic +
- MRI of Both knee joints

APOLLO PROHEALTH FUTURE PROGRAM



Price: ₹ 1,03,400*

- Complete Haemogram
- Glucose Fasting
- Glucose PP
- Glycosylated Haemoglobin (HbA1c)
- Blood Grouping and Typing
- Albumin- Serum
- Alpha Feto Protein - Serum
- APO Lipoprotein A1- Serum
- APO Lipoprotein B - Serum
- S.Calcium - Serum
- S.CEA- Serum
- S.Cortisol
- S.Creatinine
- S.Electrolytes - (Na+, K+, Cl-)
- S.Ferritin
- S.Folate
- S.Homocysteine
- Insulin (Fasting) - Serum
- Lipid Profile (Cholesterol, Triglycerides, VLDL, HDL, LDL, Total Cholesterol/HDL Ratio)
- Liver Function Test (Protein total, Albumin, Globulin, SGOT, SGTP, GGTP, Alkaline Phosphatase, Bilirubin)

- S.Lipoprotein (a)
- S.Magnesium
- Microalbumin(MAU) (Spot Urine)
- S.Phosphorus
- Prostate Specific Antigen (PSA) for Men
- Testosterone
- Thyroid Profile (T3, T4, TSH)
- S.Urea
- Uric Acid
- Vitamin B12
- Vitamin D (25 OH)
- Anti HCV ELISA
- Anti HIV (I & II) ELISA
- HBsAg ELISA
- CRP
- Plasma Fibrinogen
- X-Ray Chest (PA)
- Pulmonary Function Test (PFT/Spirometry)
- Bilateral Mammogram & Ultrasound Breast (For Females)
- Ultrasound Whole Abdomen (Screening Only)
- ECG (Resting)
- Cardiac Stress Analysis (TMT)
- Echocardiogram
- Carotid Doppler
- Hearing Test- Pure Tone Audiometry (PTA)
- DEXA Scan
- Stool Occult Blood
- Serum Troponin

- Stool Routine and Microscopy
- Urine Routine and Microscopy + Aerobic Culture and Sensitivity
- Ophthalmology Consult with Fundus Examination
- ENT Consult
- CA-125 (For Female)
- Gynaecology Consult & Review (for Women)
(Pap Smear & Breast Examination)
- Dental Consult
- Oncology Consult
- Surgical Consult
- Cardiac Consult
- Consult and Review with Physician
- Diet & Lifestyle Counselling
- CT Coronary Angiography

APOLLO CANCER CHECK



Price: ₹ 4,700*

- Complete Haemogram
- Glucose Fasting
- Glucose PP
- Liver Function Test (Protein total, Albumin, Globulin, SGOT, SGTP, GGTP, Alkaline Phosphatase, Bilirubin)
- Kidney Function Test (Blood Urea, S. Creatinine and Uric Acid)
- Prostate Specific Antigen (PSA) for Men
- Urine Routine and Microscopy
- Stool Occult Blood
- Cytology Pap Smear (For Females)
- Serum Troponin

- Ultrasound Breast (For Females- Screening only)
- Bilateral Mammogram (Both Breasts- For Females)
- Ultrasound Screening Whole Abdomen
- X-Ray Chest (PA)
- Oncology Consult
- Gynaecology Consult (For Females)
- Surgeon Consult (For Males)
- Diet & Lifestyle Counselling

APOLLO SENIOR CITIZENS HEALTH CHECK



Price: ₹ 3,600*

- Complete Haemogram
- Glucose Fasting
- Glycosylated Haemoglobin (HbA1c)
- Lipid Profile
- Serum Creatinine
- Urine Routine and Microscopy
- X-Ray Chest (PA)
- ECG (Resting)
- Geriatric Consultation
- Physician Consultation
- Serum Troponin

APOLLO PROHEALTH COMPREHENSIVE SENIOR CITIZEN PROGRAM



Price: ₹ 13,200*

- Complete Haemogram
- Serum Troponin

- Glucose Fasting
- Glycosylated Haemoglobin (HbA1c)
- Lipid Profile
- Kidney Function Tests (Blood Urea, S. Creatinine and Uric Acid)
- Liver function Test
- Thyroid Stimulating Hormone (TSH)
- S calcium
- S phosphorus
- Pap smear (For Women)
- Urine Routine and Microscopy
- Stool Occult Blood
- Stool Routine and Microscopy
- X-Ray Chest (PA)
- ECG (Resting)
- Prostate Specific Antigen (PSA) for Men
- Ultrasonogram of the Abdomen
- Mammography (For Women)
- DEXA Scan (Lumbar Spine and Hip)
- Physician Consultation
- Gynae/Surgical Consultation
- Geriatric Consultation
- Dietary Consultation
- Physiotherapy Consult (if required)

APOLLO PROHEALTH PLATINUM PROGRAM



Price: ₹ 34,400*

- Complete Haemogram
- Blood Sugar: Fasting Blood Sugar, PP Blood Sugar (for Diabetics only), HbA1c

- Renal Urea: Urea, Creatinine, Uric Acid
- Lipid Profile (Cholesterol, Triglycerides, VLDL, HDL, LDL, Total Cholesterol/HDL Ratio)
- Liver Function Test (Protein total, Albumin, Globulin, SGOT, SGTP, GGTP, Alkaline Phosphatase, Bilirubin)
- Urine Routine and Microscopy
- Urine Aerobic Culture and Sensitivity
- Stool Routine and Microscopy
- Ophthalmology Consult with Fundus Examination
- ECG (Resting)
- X-Ray Chest (PA view)
- Ultrasonogram of the Abdomen (Screening)
- Pap Smear (for Women)
- Blood Grouping
- S Calcium & Phosphorus
- S Electrolytes
- HbsAg
- Anti- HCV
- Plasma Fibrinogen
- Serum Homocysteine
- Serum Apolipoprotein A1 and B
- Serum Lipoprotein (a)
- hsCRP
- Vitamin D3 Level, Vitamin B12
- Prostate Specific Antigen (PSA) for Men
- Stool Occult Blood
- T3 T4 along with TSH (Thyroid Stimulating Hormone)
- Vitamin B12 along with Vitamin D3 level
- CEA
- HS Tnl- HIGH SENSITIVE TROPONIN-I - SERUM

- MAU (MICROALBUMIN) - SPOT URINE
- Urine Culture and Sensitivity
- TMT
- ECHO
- Pulmonary Function Test (Spirometry)
- Bilateral Mammogram (for Women)
- Bilateral USG Breast (for Women)
- DEXA Scan/Bone Scan
- Audiogram
- Consultations: Physician Consult, Surgical Examination (Men), Gynaecologist Consult (Women), Ophthalmologist Consult with Fundus Examination
ENT Consultation, Dental Consultation, Cardiologist Consult, Diet Counselling

APOLLO PROHEALTH ADVANCED PLATINUM PROGRAM



Price: ₹ 53,500*

- Complete Haemogram
- Blood Sugar: Fasting Blood Sugar, PP Blood Sugar (for Diabetics only), HbA1c
- Renal Urea: Urea, Creatinine, Uric Acid
- Lipid Profile (Cholesterol, Triglycerides, VLDL, HDL, LDL, Total Cholesterol/HDL Ratio)
- Liver Function Tests (Protein total, Albumin, Globulin, SGOT, SGTP, GGTP, Alkaline Phosphatase, Bilirubin)
- Urine Routine and Microscopy
- Stool Routine and Microscopy
- Stool Occult Blood
- ECG (Resting)
- X-Ray Chest (PA view)
- Ultrasonogram of the Abdomen (Screening)

- Pap Smear (For Women)
- Blood Grouping
- S. Calcium & Phosphorus
- S. Electrolytes
- HbsAg
- Anti- HCV
- Thyroid Profile (T3T4TSH)
- Plasma Fibrinogen
- Serum Homocysteine
- Serum Apolipoprotein A1 and B
- Serum Lipoprotein (a)
- hsCRP
- Vitamin D3 Level, Vitamin B12
- CEA
- Serum Troponin
- Microalbumin (MAU) (SPOT URINE)
- Prostate Specific Antigen (PSA) (Men above 50 years)
- Stool Occult Blood (for Men and Women above 50 years)
- Urine Culture and Sensitivity
- TMT
- ECHO
- Pulmonary Function Test (Spirometry)
- Mammogram (for Women)
- Bilateral USG Breast (Screening)
- DEXA Scan/Bone Scan
- Audiogram
- CT Coronary Angiography
- Consultations: Physician Consult (includes both clinical and examination review), Surgical Examination (Men), Gynaecologist Consult (Women), Ophthalmologist Consult with Fundus Examination, ENT Consultation, Dental Consultation, Cardiologist Consult, Diet Counselling

Indraprastha Apollo Hospitals Health Check Packages

NAME	Apollo Pro Health Super	Apollo Pro Health Executive Health Program	Apollo Pro Heart Program	Apollo Pro Health Whole Body Program	Apollo Pro Health Advanced Whole Body Program	Apollo Prohealth Comprehensive Well Women Health Program
Domestic Price*	7400/-	9200/-	7900/-	15000/-	23100/-	13500/-
LAB TESTS						
Clinical Pathology						
Complete Haemogram	•	•	•	•	•	•
Urine Routine & Microscopic	•	•	•	•	•	•
Stool Routine	•	•		•	•	•
Stool Occult Blood					•	
Diabetes Screening						
Blood Sugar (Fasting)	•	•	•	•	•	•
Blood Sugar (PP- only for diabetics)	•	•		•	•	•
HbA1C	•	•	•	•	•	•
MAU					•	
Liver Profile						
T. Protein	•	•		•	•	•
Albumin	•	•		•	•	•
AG ratio	•	•		•	•	•
Bilirubin	•	•		•	•	•
SGOT	•	•		•	•	•
SGPT	•	•		•	•	•
Gamma Glutamyl transferase (GGT)	•	•		•	•	•
Alkaline Phosphatase (ALP)	•	•		•	•	•
HBsAg				•	•	
Anti HCV					•	
Kidney Profile						
Blood Urea (BUN)	•	•		•	•	•
Serum Creatinine	•	•	•	•	•	•
Uric Acid	•	•		•	•	•
Serum Electrolytes			•	•	•	•

* The rates mentioned above are not applicable for international patients / guests.

Indraprastha Apollo Hospitals Health Check Packages

NAME	Apollo Pro Health Super	Apollo Pro Health Executive Health Program	Apollo Pro Heart Program	Apollo Pro Health Regal WBC	Apollo Pro Health Advanced Whole Body Program	Apollo ProHealth Comprehensive Well Women Health Program
Domestic Price *						
Complete Lipid Profile						
Cholesterol	•	•	•	•	•	•
Triglyceride	•	•	•	•	•	•
High Density Lipoprotein (HDL)	•	•	•	•	•	•
Low Density Lipoprotein (LDL)	•	•	•	•	•	•
Very Low Density Lipoprotein (VLDL)	•	•	•	•	•	•
Mineral and Vitamin Levels						
Serum Phosphorus				•	•	
Serum Calcium				•	•	
Serum Magnesium				•	•	
Serum Troponin	•	•	•	•	•	•
Vit D				•	•	
Vit B12				•	•	
Thyroid Profile						
TSH	•	•	•	•	•	•
T3 and T4					•	
Cancer Screening						
PSA - for males				•	•	
PAP Smear - for females	•	•		•	•	•
CEA					•	
DIAGNOSTIC TEST						
Lung Health						
Pulmonary Function Test		•		•	•	
Imaging						
X- Ray Chest (PA)	•	•	•	•	•	•
USG Whole Abdomen	•	•		•	•	•
DEXA						•
USG Pelvis	•	•		•	•	•

* The rates mentioned above are not applicable for international patients / guests.

Indraprastha Apollo Hospitals Health Check Packages

NAME	Apollo Pro Health Super	Apollo Pro Health Executive Health Program	Apollo Pro Heart Program	Apollo Pro Health Regal WBC	Apollo Pro Health Advanced Whole Body Program	Apollo ProHealth Comprehensive Well Woman Health Program
Domestic Price*						
Heart Health						
EKG	•	•	•	•	•	•
TMT		•	•	•	•	
ECHO			•	•	•	
Eye tests						
Refraction				•	•	
Fundus Examination					•	
Cancer Screening						
Mammography				•	•	•
USG Breast				•	•	•
CONSULTATIONS						
Physician	•	•	•	•	•	•
Surgeon for males / Gynaecologist for females	•	•		•	•	•
Dental				•	•	
Ophthalmologist				•	•	
Cardiologist			•	•	•	
ENT				•	•	
Podiatrist						
Clinical Nutritionist/ Diabetes Education for Diabetics	•	•	•	•	•	
Lifestyle Counselling	•	•	•	•	•	
Physiotherapy Counselling	•	•		•	•	

* The rates mentioned above are not applicable for international patients / guests.



How to prepare

Step 1: Blend two beetroots

Step 2: Add one carrot, and blend it again

Step 3: Filter the beetroot-carrot juice

Step 4: Blend one apple separately, then filter

Step 5: Pour the beetroot-carrot juice into a glass first, then top it up with apple juice

Step 6: Relish the drink



The Chairman's Choice
ABC - A healthy and refreshing drink



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Prior appointment is a must