# Stay in the prime of health with Apollo Health Check







# "Life is priceless" Live Healthy, India

Prevention is not just better than cure. It is easier, cost-effective and smarter. Apollo Hospitals pioneered the concept of preventive health care in India in the early seventies, offering a range of health checks to suit everyone's needs.

The Apollo Preventive Health Check program helps you get started on your journey to good health. It gives you a quick snapshot of your health and recommends the best action for you to stay healthy.

## PLEASE READ THE FOLLOWING INSTRUCTIONSCAREFULLY BEFORE YOUR HEALTH CHECK



- Apollo Health Check begins at 8.00 am. Kindly take prior appointments on 91-11-7179 1090/1091
- Appointments for packages that require you to be on empty stomach are given only up to 10.30 am, as fasting blood investigations done later in the day do not give an accurate outcome.
- Please come on an empty stomach, i.e. you need to be fasting overnight; however, you are advised to have 2-3 glasses of plain water before coming for your health check, to facilitate an ultrasound on full bladder.
- Kindly bring your morning samples of urine and stool (if part of your package), in clean dry containers. (Containers can be collected a day in advance from the Apollo Health Check Department or from any nearby chemist).
- In case you are on any **medication**, please bring them with you along with prescription and take them after breakfast (provided as part of the package). If you experience any discomfort, we shall have you meet our physician immediately.
- If you are diabetic, do not take insulin in the morning; the same can be taken along with breakfast, after fasting blood sample and ultrasound have been done.
- If you are a smoker, please do not smoke on the day of your health check.
- Ladies are advised NOT to undergo their health checks during menstrual cycle.
- Ladies undergoing Whole Body Check and Well Woman Check are advised NOT to use deodorants, perfumes or talcum powders on the day of health check.
- For Apollo Child Health Check, children need not be on empty stomach. Sample of stool and urine are to be brought in dry, clean containers.
- Please wear loose, comfortable clothes and footwear, as you may need to change into a hospital gown during some of the investigations.
- If desired, you may bring one attendant with you; the attendant should not be a child below 12 years of age.

- Please report at the Apollo Health Check (AHC) Centre at Gate No. 2, First Floor
   "A" Wing at the appointed time.
- If you are diabetic, or have high blood pressure, or are pregnant, or have any other clinical condition, please inform the AHC reception staff at the time of registration.
- If pregnant or suspecting pregnancy, you **SHOULD NOT** undergo X-Ray, mammography or bone densitometry.
- If pregnant / suspecting pregnancy please carry your gynaecologist's prescription for ultrasound with sign and stamp.
- On Day One, you will undergo all investigations and consultation with the physician; your review with the physician along with all reports and summary will be fixed for Day Two.
- Avoid carrying your valuables along. Avoid wearing any kind of jewellery for your health check-up. Keep minimal belongings.
- 30% discount is applicable on select additional tests, if prescribed by AHC Physician | Surgeon | Gynaecologist on Day 1/Day of Review.
- All prices are subject to change without prior notice
- \* The rates mentioned are not applicable for international patients / guests.

## APOLLO PRO HEALTH EXECUTIVE HEALTH PROGRAMM



Price: ₹9,200\*

- Creatinine- Serum/Plasma
- Glucose- Serum/Plasma (Fasting)
- Glucosylated Hemoglobin (HbA1c) –Whole Blood
- Hs Tnl- High Sensitive Troponin-I-Serum
- Lipid Profile Test (Package)
- Liver Function Test
- TSH: Thyroid Stimulating Hormone- Serum
- Urea- Serum/Plasma
- Uric Acid- Serum
- Blood Grouping and Typing (ABO and Rh)
- ECG
- TMT (Tread Mill Stress Test)
- Physical Examination/Consultation by Internal Medicine Specialist
- Consultation-Surgical
   Complete Haemogram (CBS/PS/RBC Indices)
- Stool Routine and Microscopy
- Urine Routine and Microscopy
- Spirometry (Basic PFT Test)
- Ultrasound Screening Whole Abdomen
- X-Ray Chest PA

#### VALUE ADD :-

- Al (Artifical Intelligence) Powered Health Risk Assessment (PHRA)
- Health Mentor Services
- Lifestyle Assessment & Counselling Including Diet and Exercise
- Yoga & Meditation
- Physiotherapy Consultation (if Clinically Indicated)
- Home Delivery of Medicines
- Personlized Health Report
- Health App for Real Time
   Communication & Seamless Care

## APOLLO PRO HEALTH SUPER



<u>Price:</u> ₹7,400¹

- Complete Haemogram
- Fasting Blood Sugar
- Glycosylated Haemoglobin (HbA1C)
- Kidney Function Test (Blood Urea, S.Creatinine, S.Uric Acid)
- Lipid Profile (Cholesterol, Triglycerides, VLDL, HDL, LDL, Total Cholesterol/HDL Ratio)
- Liver Function Test (Protein total, Albumin, Globulin, SGOT, SGTP, GGTP, Alkaline Phosphatase, Bilirubin)
- Urine Routine and Microscopy
- Stool Routine and Microscopy
- TSH
- Serum Troponin
- ECG(Resting)
- X-Ray Chest(PA view)
- Ultrasound Whole Abdomen (Screening only)
- Surgical consult for Men
- Gynaecology Consult and Review for Women (Pap Smear and Breast Examination)
- Consult & Review with Physician

#### VALUE ADD :-

- Al (Artifical Intelligence) Powered Health Risk Assessment (PHRA)
- Health Mentor Services
- Lifestyle Assessment & Counselling Including Diet and Exercise
- Yoga & Meditation
- Physiotherapy Consultation (if Clinically Indicated)
- Home Delivery of Medicines
- Personlized Health Report
- Health App for Real Time Communication & Seamless Care

#### APOLLO PRO HEALTH REGAL



Price: ₹16,400\*

- Complete Haemogram
- Fasting Blood Sugar
- Glycosylated Haemoglobin (HbA1c)
- Lipid profile (Cholesterol, Triglycerides, VLDL, HDL, LDL, Total Cholesterol/HDL Ratio)
- Kidney Function Test (Blood Urea, S. Creatinine, S. Uric Acid)
- Liver Function Test (Protein total, albumin, globulin, SGOT, SGTP, GGTP, Alkaline phosphatase, Bilirubin)
- Electrolytes (Sodium, Potassium, Chloride)
- HbsAg
- S. Calcium
- Serum Troponin
- Phosphorus
- Thyroid Stimulating Hormone (TSH)
- Prostate Specific Antigen (PSA) for men
- Vitamin D3
- Vitamin B12
- Anti HCV
- Hs trop I
- Stool for Occult Blood
- Urine Routine & Microscopy
- Stool Routine & Microscopy
- ECG (Resting)
- X-Ray chest (PA)
- Ultrasound Whole Abdomen (Screening Only)

- Pulmonary Function Test (PFT/ Spirometry)
- Echo Cardiogram
- Cardiac Stress Analysis (TMT)
- Mammogram & Ultrasound Breast for Women (Screening only)
- Eye, ENT & Dental Consult.
- Surgical Consult for Men
- Gynaecology Consult & Review for Women (Pap Smear & Breast Examination)
   Consult & Review with Physician.
- Cardiology Consultation
- Diet & Lifestyle Counselling.

#### VALUE ADD :-

- Al (Artifical Intelligence) Powered Health Risk Assessment (PHRA)
- Health Mentor Services
- Lifestyle Assessment & Counselling Including Diet and Exercise
- Yoga & Meditation
- Physiotherapy Consultation (if Clinically Indicated)
- Home Delivery of Medicines
- Personlized Health Report
- Health App for Real Time Communication & Seamless Care

**SUB REGAL** 

Without Eye, ENT & Dental

Price: ₹14,700\*

#### APOLLO PROHEALTH HEART PROGRAM



Price: ₹ 7,900\*

Recommended for individuals above 30 yrs of age or those with vague / unexplained / unconfirmed cardiac symptoms / risk factors

- Complete Haemogram
- Glycosylated Haemoglobin (HbA1c)
- Glucose Plasma Random
- Lipid Profile (Cholesterol, Triglycerides, VLDL, HDL, LDL, Total Cholesterol/HDL Ratio)
- S. Creatinine
- Sodium, Potassium
- Urine Routine and Microscopy
- Serum Troponin
- TSH
- CRP-Reactive Protein
- ECG (Resting)
- X-Ray Chest (PA)
- Echo Cardiogram
- Cardiac Stress Analysis (TMT)
- Consult & Review with Physician
- Cardiac Consult.
- Diet & Lifestyle Counselling

## APOLLO PROHEALTH WHOLE BODY HEALTH PROGRAM



Price: ₹13,800\*

Recommended for individuals desiring a more comprehensive health check and/or those above 45 yrs of age

- Complete Haemogram
- Fasting Blood Sugar
- Glycosylated Haemoglobin (HbA1c)
- Lipid Profile (Cholesterol, Triglycerides, VLDL, HDL, LDL, Total Cholesterol/HDL Ratio)
- Kidney Function Test (Blood Urea, S. Creatinine, S. Uric Acid)
- Liver Function Test (Protein total, Albumin, Globulin, SGOT, SGTP, GGTP, Alkaline Phosphatase, Bilirubin)
- Electrolytes (Sodium, Potassium, Chloride)
- HBsAg
- S.Calcium
- Phosphorous
- Thyroid Stimulating Hormone (TSH)
- Prostate Specific Antigen (PSA) for Men
- Urine Routine and Microscopy
- Stool Routine and Microscopy
- Stool for Occult Blood
- Serum Troponin
- ECG (Resting)
- X-Ray Chest (PA)
- Ultrasound Whole Abdomen (Screening only)
- Pulmonary Function Test (PFT/Spirometry)
- Echo Cardiogram
- Cardiac Stress Analysis (TMT)
- Mammogram & Ultrasound Breast for Women (Screening only)
- Eye, ENT & Dental Consult
- Surgical Consult for Men
- Gynaecology Consult and Review for Women (Pap Smear and Breast Examination)
- Consult & Review with Physician
- Cardiac Consult
- Diet & Lifestyle Counselling

SUB WHOLE BODY Without Eye, ENT & Dental

Price: ₹ 12,300\*

## APOLLO PROHEALTH ADVANCED WHOLE BODY PROGRAM



Price: ₹ 23,100\*

- Complete Haemogram
- Blood Sugar (Fasting & PP)
- Glycosylated Haemoglobin (HbA1c)
- Lipid Profile (Cholesterol, Triglycerides, VLDL, HDL, LDL, Total Cholesterol/HDL Ratio)
- Kidney Function Test (Serum Creatinine, Urea and Uric Acid)
- Liver Function Test (Protein total, Albumin, Globulin, SGOT, SGTP, GGTP, Alkaline Phosphatase, Bilirubin)
- Vitamin D3, Vitamin B12
- Thyroid Profile (T3, T4, TSH)
- Electrolytes (Sodium, Potassium and Chloride)
- S.Magnesium
- Serum Troponin
- Prostate Specific Antigen (PSA) for Men
- S.Calcium
- S.Phosphorus
- CEA
- HbsAg
- Anti HCV
- ECG (Resting)
- Echo Cardiogram
- Cardiac Stress Analysis (TMT)
- X-Ray (PA)
- Ultrasound Whole Abdomen (Screening Only)
- Mammogram and Ultrasound Breast for women (Screening Only)
- Urine Routine and Microscopy
- Stool Routine and Microscopy

- Stool Occult Blood
- Microalbumin (MAU) (Spot Urine)
- Pulmonary Function Test (PFT/Spirometry)
- Consult & Review with Physician
- ENT & Dental Consult
- Eye Consult with Fundus Examination
- Surgical Consult for Men
- Cardiac Consult
- Gynaecology Consult and Review for Women (Pap Smear and Breast Examination)
- Podiatry (Foot Examination)
- Physiotherapy Consult
- Diet & Lifestyle Counselling (Diabetics Education Session for Diabetics)

With Stress Echo Price: ₹ 24,200\*

#### APOLLO CHILD HEALTH CHECK



Price: ₹2,800\*

Health Screening for Children 4-16 years

The Apollo Child Health Check helps detect early symptoms of disease, nutritional and developmental status in your child, so he/she can grow into a healthy and balanced individual (No Child Check Package on Thursday due to Mantoux)

- Blood Grouping & Rh Typing
- Mantoux Test
- Complete Haemogram
- Stool Examination
- Complete Urine Analysis
- Hearing Test (Pure Tone Audiometry-PTA)
- Eye Examination
- Dental Examination
- Paediatrician Consult

#### APOLLO BASIC WELL WOMEN CHECK



Price: ₹ 3,500\*

Comprehensive evaluation is recommended for women above 40 yrs of age / for post-menopausal women / who have a strong family history of cancer

- Complete Haemogram
- Fasting Blood Sugar
- Glycosylated Haemoglobin (HbA1c)
- Urine Routine and Microscopy
- Stool Routine and Microscopy
- X-Ray Chest (PA)
- Ultrasound Pelvis (Including TVS)
- Mammogram and Ultrasound Breast (Screening Only)
- Gynaecologist Consult & Review (Pap Smear and Breast Examination)
- TSH
- Serum Troponin

#### APOLLO REGULAR WELL WOMEN CHECK



Price: ₹8,700\*

- Complete Haemogram
- Fasting Blood Sugar
- Glycosylated Haemoglobin (HbA1c)
- S.Calcium
- Lipid Profile (Cholesterol, Triglycerides, VLDL, HDL, LDL, Total Cholesterol/HDL Ratio)

- Thyroid Stimulating Hormone (TSH)
- Vitamin D3
- ECG (Resting)
- X-Ray Chest (PA)
- Mammogram and Ultrasound Breast (Screening Only)
- Ultrasound Pelvis (Including TVS)
- Stool Routine and Microscopy
- Urine Routine and Microscopy
- Serum Troponin
- Gynaecology Consult and Review for Women (Pap Smear and Breast Examination)

## APOLLO PROHEALTH COMPREHENSIVE WELL WOMEN HEALTH PROGRAM



Price: ₹ 12,200\*

Comprehensive evaluation is recommended for women above 40 yrs of age / for post-menopausal women / who have a strong family history of cancer

- Complete Haemogram
- Fasting Blood Sugar
- Glucose PP
- Glycosylated Haemoglobin (HbA1c)
- Kidney Function Test (Blood Urea, S. Creatinine and Uric Acid)
- Lipid Profile (Cholesterol, Triglycerides, VLDL, HDL, LDL, Total Cholesterol/HDL Ratio)
- Liver Function Test (Protein total, Albumin, Globulin, SGOT, SGTP, GGTP, Alkaline Phosphatase, Bilirubin)
- Serum Troponin
- Thyroid Stimulating Hormone (TSH)
- Urine Routine and Microscopy

- Stool Routine and Microscopy
- ECG (Resting)
- X-Ray Chest (PA)
- Ultrasound- Whole Abdomen
- Dexa Scan (Lumbar Spine and Hip)
- Bilateral Mammogram and Ultrasound Breast (Screening Only)
- Gynaecology Consult and Review for Women (Pap Smear and Breast Examination)
- Consult and Review with Physician

#### **APOLLO KNEE CHECK**



#### **APOLLO KNEE CHECK BASIC** Price: ₹ 3,600\*

- CBC
- Glucose (Random)
- Uric Acid Serum
- Urine Routine & Microscopy
- CRP-C Reactive Protein
- X-Ray Both knees-AP, Lat, Skyline
- Orthopaedic Consult
- Physiotherapy Counselling

#### APOLLO KNEE CHECK ADVANCE (SINGLE KNEE)

Price: ₹ 13,100\*

- All tests in Apollo Knee Check Basic +
- MRI of Single joint

#### **APOLLO KNEE CHECK- ADVANCE (BOTH KNEES)**

Price: ₹21,200\*

- All Tests in Apollo Knee Check Basic +
- MRI of Both knee joints

#### APOLLO PROHEALTH FUTURE PROGRAM



Price: ₹1,03,400\*

- Complete Haemogram
- Glucose Fasting
- Glucose PP
- Glycosylated Haemoglobin (HbA1c)
- Blood Grouping and Typing
- Albumin- Serum
- Alpha Feto Protein Serum
- APO Lipoprotein A1- Serum
- APO Lipoprotein B Serum
- S.Calcium Serum
- S.CEA- Serum
- S.Cortisol
- S.Creatinine
- S.Electrolytes (Na+, K+, Cl-)
- S.Ferritin
- S.Folate
- S.Homocysteine
- Insulin (Fasting) Serum
- Lipid Profile (Cholesterol, Triglycerides, VLDL, HDL, LDL, Total Cholesterol/HDL Ratio)
- Liver Function Test (Protein total, Albumin, Globulin, SGOT, SGTP, GGTP, Alkaline Phosphatase, Bilirubin)

- S.Lipoprotein (a)
- S.Magnesium
- Microalbumin(MAU) (Spot Urine)
- S.Phosphorus
- Prostate Specific Antigen (PSA) for Men
- Testosterone
- Thyroid Profile (T3, T4, TSH)
- S.Urea
- Uric Acid
- Vitamin B12
- Vitamin D (25 OH)
- Anti HCV ELISA
- Anti HIV (I & II) ELISA
- HBsAg ELISA
- CRP
- Plasma Fibrinogen
- X-Ray Chest (PA)
- Pulmonary Function Test (PFT/Spirometry)
- Bilateral Mammogram & Ultrasound Breast (For Females)
- Ultrasound Whole Abdomen (Screening Only)
- ECG (Resting)
- Cardiac Stress Analysis (TMT)
- Echocardiogram
- Carotid Doppler
- Hearing Test- Pure Tone Audiometry (PTA)
- Dexa Scan
- Stool Occult Blood
- Serum Troponin

- Stool Routine and Microscopy
- Urine Routine and Microscopy + Aerobic Culture and Sensitivity
- Ophthalmology Consult with Fundus Examination
- ENT Consult
- CA-125 (For Female)
- Gynaecology Consult & Review (for Women)
   (Pap Smear & Breast Examination)
- Dental Consult
- Oncology Consult
- Surgical Consult
- Cardiac Consult
- Consult and Review with Physician
- Podiatry (Foot Examination)
- Diet & Lifestyle Counselling
- CT Coronary Angiography

#### **APOLLO CANCER CHECK**



Price: ₹ 4,700\*

- Complete Haemogram
- Glucose Fasting
- Glucose PP
- Liver Function Test (Protein total, Albumin, Globulin, SGOT, SGTP, GGTP, Alkaline Phosphatase, Bilirubin)
- Kidney Function Test (Blood Urea, S. Creatinine and Uric Acid)
- Prostate Specific Antigen (PSA) for Men
- Urine Routine and Microscopy
- Stool Occult Blood
- Cytology Pap Smear (For Females)
- Serum Troponin

- Ultrasound Breast (For Females- Screening only)
- Bilateral Mammogram (Both Breasts- For Females)
- Ultrasound Screening Whole Abdomen
- X-Ray Chest (PA)
- Oncology Consult
- Gynaecology Consult (For Females)
- Surgeon Consult (For Males)
- Diet & Lifestyle Counselling

#### APOLLO SENIOR CITIZENS HEALTH CHECK



Price: ₹ 3,600\*

- Complete Haemogram
- Glucose Fasting
- Glycosylated Haemoglobin (HbA1c)
- Lipid Profile
- Serum Creatinine
- Urine Routine and Microscopy
- X-Ray Chest (PA)
- ECG (Resting)
- Geriatric Consultation
- Physician Consultation
- Serum Troponin

## APOLLO PROHEALTH COMPREHENSIVE SENIOR CITIZEN PROGRAM



Price: ₹ 13,200\*

- Complete Haemogram
- Serum Troponin

- Glucose Fasting
- Glycosylated Haemoglobin (HbA1c)
- Lipid Profile
- Kidney Function Tests (Blood Urea, S. Creatinine and Uric Acid)
- Liver function Test
- Thyroid Stimulating Hormone (TSH)
- S calcium
- S phosphorus
- Pap smear (For Women)
- Urine Routine and Microscopy
- Stool Occult Blood
- Stool Routine and Microscopy
- X-Ray Chest (PA)
- ECG (Resting)
- Prostate Specific Antigen (PSA) for Men
- Ultrasonogram of the Abdomen
- Mammography (For Women)
- Dexa Scan (Lumbar Spine and Hip)
- Physician Consultation
- Gynae/Surgical Consultation
- Geriatric Consultation
- Dietary Consultation
- Physiotherapy Consult (if required)

#### APOLLO PROHEALTH PLATINUM PROGRAM



Price: ₹ 34,400\*

- Complete Haemogram
- Blood Sugar: Fasting Blood Sugar, PP Blood Sugar (for Diabetics only), HbA1c

- Renal Urea: Urea, Creatinine, Uric Acid
- Lipid Profile (Cholesterol, Triglycerides, VLDL, HDL, LDL, Total Cholesterol/HDL Ratio)
- Liver Function Test (Protein total, Albumin, Globulin, SGOT, SGTP, GGTP, Alkaline Phosphatase, Bilirubin)
- Urine Routine and Microscopy
- Urine Aerobic Culture and Sensitivity
- Stool Routine and Microscopy
- Ophthalmology Consult with Fundus Examination
- ECG (Resting)
- X-Ray Chest (PA view)
- Ultrasonogram of the Abdomen (Screening)
- Pap Smear (for Women)
- Blood Grouping
- S Calcium & Phosphorus
- S Electrolytes
- HbsAg
- Anti- HCV
- Plasma Fibrinogen
- Serum Homocysteine
- Serum Apolipoprotein A1 and B
- Serum Lipoprotein (a)
- hsCRP
- Vitamin D3 Level, Vitamin B12
- Prostate Specific Antigen (PSA) for Men
- Stool Occult Blood
- T3 T4 along with TSH (Thyroid Stimulating Hormone)
- Vitamin B12 along with Vitamin D3 level
- CEA
- HS TnI- HIGH SENSITIVE TROPONIN-I SERUM

- MAU (MICROALBUMIN) SPOT URINE
- Urine Culture and Sensitivity
- TMT
- ECHO
- Pulmonary Function Test (Spirometry)
- Bilateral Mammogram (for Women)
- Bilateral USG Breast (for Women)
- DEXA Scan/Bone Scan
- Audiogram
- Consultations: Physician Consult, Surgical Examination (Men), Gynaecologist Consult (Women), Ophthalmologist Consult with Fundus Examination ENT Consultation, Dental Consultation, Cardiologist Consult, Diet Counselling

## APOLLO PROHEALTH ADVANCED PLATINUM PROGRAM



Price: ₹ 53.500\*

- Complete Haemogram
- Blood Sugar: Fasting Blood Sugar, PP Blood Sugar (for Diabetics only), HbA1c
- Renal Urea: Urea, Creatinine, Uric Acid
- Lipid Profile (Cholestrol, Triglycerides, VLDL, HDL, LDL, Total Cholestrol/HDL Ratio)
- Liver Function Tests (Protein total, Albumin, Globulin, SGOT, SGTP, GGTP, Alkaline Phosphtase, Bilirubin)
- Urine Routine and Microscopy
- Stool Routine and Microscopy
- Stool Occult Blood
- ECG (Resting)
- X-Ray Chest (PA view)
- Ultrasonogram of the Abdomen (Screening)

- Pap Smear (For Women)
- Blood Grouping
- S. Calcium & Phosphorus
- S. Electrolytes
- HbsAg
- Anti- HCV
- Thyroid Profile (T3T4TSH)
- Plasma Fibrinogen
- Serum Homocysteine
- Serum Apolipoprotein A1 and B
- Serum Lipoprotein (a)
- hsCRP
- Vitamin D3 Level, Vitamin B12
- CEA
- Serum Troponin
- Microalbumin (MAU) (SPOT URINE)
- Prostate Specific Antigen (PSA) for men
- Urine Culture and Sensitivity
- TMT
- ECHO
- Pulmonary Function Test (Spirometry)
- Mammogram (for Women)
- Bilateral USG Breast (Screening)
- DEXA Scan/Bone Scan
- Audiogram
- CT Coronary Angiography
- Consultations: Physician Consult (includes both clinical and examination review),
   Surgical Examination (Men), Gynaecologist Consult (Women), Ophthalmologist
   Consult with Fundus Examination, ENT Consultation, Dental Consultation,
   Cardiologist Consult, Diet Counselling

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	NAME	Domestic Price*	LAB TESTS	Clinical Pathology	Complete Haemogram	Urine Routine & Microscopic	Stool Routine	Stool Occult Blood	Diabetes Screening	Blood Sugar ( Fasting)	Blood Sugar ( PP- only for diabetics)	HbA1C	MAU	Liver Profile	T. Protein	Albumin	AG ratio	Bilirubin	SGOT	SGPT	Gamma Glutamyl transferase (GGT)	Alkaline Phosphatase (ALKP)	HBsAg	Anti HCV	Kidney Profile	Blood Urea ( BUN)	Serum Creatinine	Uric Acid	Serum Flortrolytes

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<u>ln</u> c	Apollo Pro Health Super			•	•	•	•	•					•				•				•						•	•		•
	NAME	Domestic Price*	Complete Lipid Profile	Cholesterol	Triglyceride	High Density Lipoprotein (HDL)	Low Density Lipoprotein (LDL)	Very Low Density Lipoprotein (VLDL)	Mineral and Vitamin Levels	Serum Phosphorus	Serum Calcium	Serum Magnesium	Serum Troponin	Vit D	Vit B12	Thyroid Profile	TSH	T3 and T4	Cancer Screening	PSA- for males	PAP Smear - for females	CEA	DIAGNOSTIC TEST	Lung Health	Pulmonary Function Test	Imaging	X- Ray Chest (PA)	USG Whole Abdomen	DEXA	USG Pelvis

ndraprastha Apollo Hospitals Health Check Packages	Apollo Pro Health Cuper Realth Program Program Apollo Pro Health Super Program			•	•	•		•	•		•	•		•	•	•	•	•	•	•	•	•	elling • • • • elling
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	NAME	Domestic Price*	Heart Health	ECG	TMT	ЕСНО	Eye tests	Refraction	Fundus Examination	Cancer Screening	Mammography	USG Breast	CONSULTATIONS	Physician	Surgeon for males / Gynaecologist for females	Dental	Opthalmologist	Cardiologist	ENT	Podiatrist	Clinical Nutritionist/ DiabetesEducation for Diabetics	Lifestyle Counselling	Physiotherapy Counselling

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The Chairman's Choice ABC - A healthy and refreshing drink

#### How to prepare

**Step 1: Blend two beetroots** 

Step 2: Add one carrot, and blend it again

Step 3: Filter the beetroot-carrot juice

Step 4: Blend one apple separately, then filter

Step 5: Pour the beetroot-carrot juice into a glass first, then top it up with apple juice

Step 6: Relish the drink



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